

# Food Camp... Delicious Made Easy

## LEARN HOW TO...

**Create delicious meals  
from scratch**

**Budget plan for weekly  
food menus**

**3**

**Improve nutritional knowledge**

**4**

**Boost kitchen confidence**

**Free to join**

**Thursday 6, 13, 20 & 27th March 2025**

**10am - 1:00pm**

**KERITH CENTRE, Church Road,**

**Bracknell RG12 1EH**

