New Diagnosis of Cancer

If you have a recent diagnosis of cancer we would recommend that you continue your care under the specialist such as oncologist, palliative care consultant/nurse or pain team

Everyone's experience of cancer is unique but there is a range of support services and information available to help you, your family and friends at this difficult time.

Services available

Macmillan Cancer Information and Support Centre, Berkshire Cancer Centre at the Royal Berkshire Hospital

Berkshire Cancer Centre (Macmillan Cancer Information and Support Centre) at the Royal Berkshire Hospital offers help and support to patients, carers and family members affected by cancer.

Telephone: 0118 322 8700

Email: Macmillan.Information@royalberkshire.nhs.uk

Website: Berkshire Cancer Centre | Royal Berkshire NHS Foundation Trust

Where to go

Name: Macmillan Cancer Information and Support Centre Address: Berkshire Cancer Centre, Royal Berkshire Hospital

London Road, Reading **Postcode:** RG1 5AN

Directions to RG1 5AN

Notes: We are situated in the North Block of the Royal Berkshire Hospital in the Berkshire Cancer Centre. If you wish to make an appointment for one-to-one support or talk to us about any cancer-related matter, call, email or write using the given contact details.

Macmillan Cancer Support

Macmillan Cancer Support also offer direct services that you might find useful. Macmillan's support line is open 7 days a week and offers confidential support to people living with cancer and to their loved ones. If you are worried about money, work or treatment, or you just want to speak about whatever matters to you.

Ring - Macmillan Cancer support: 0808 808 00 00 (7 days a week, 8am-8pm)

Support is also available via the Macmillan online community - information can be found at Website: Macmillan Cancer Information and Support Centre

or sign up for support at www.macmillan.org.uk/diagnosed-with-cancer.html

Macmillan Citizens advice Reading and Berkshire Benefits Service

A specialist service giving benefits and money advice for people affected by cancer. This service supports patients to apply for all the financial support they are entitled to.

Telephone: **0118 322 8700**

Email: macmillan@citizensadvicereading.org

Website: rcab.org.uk/get-advice/macmillan-support/

Hospice

Hospices provide care for people from the point at which their illness is diagnosed as terminal to the end of their life, however long that may be. That does not mean hospice care needs to be continuous. People sometimes like to take a break from hospice care if their condition has become stable and they are feeling well.

Sue Ryder Duchess of Kent Hospice

Telephone: 0118 955 0400

Email: enquiries.berkshirewest@sueryder.org

Website: Sue Ryder Duchess of Kent Hospice | Sue Ryder

Macmillan House Wokingham

Website: MACMILLAN HOUSE - WOKINGHAM (healthcentredatabase.co.uk)

Wokingham Day Hospice

Website: Wokingham Directory | Wokingham Day Hospice

Cancer Care Map

This is a simple, online resource that helps you find cancer support services in your local area. You can search for services related to specific types of cancer, for example, breast cancer and prostate cancer.

Website: www.cancercaremap.org

Macmillan Cancer Information Booklet



NHS Website Information

Care and Support - Options & where to get the best support: Social care and support guide - NHS (www.nhs.uk)

Medicines Guide – How medicine works & possible side effects Medicines A-Z - NHS (www.nhs.uk)

Live Well - Advice, tips and tools for health & wellbeing Live Well - NHS (www.nhs.uk)

Health A-Z - Guide to conditions, symptoms & treatments Health A to Z - NHS (www.nhs.uk)

Social Prescriber

For non-medical concerns or worries it might be useful to ask your GP Practice to make you an appointment with the practice Social Prescriber or link worker who, if they can't directly help, may be able to refer you to someone who can.